

Activities for workcamp participants

1 min Match

Length: 2 min for explanation + 1 min per participant

Main objective(s): reflect on the day, or the week. Summarize briefly the most important thing

Materials needed: matches, lighter

Outline (step by step methodology):

Ask participants to sit in a circle, preferably on the ground, close together. Present the matches to participants and tell them, they will be invited to answer the question:

What am I taking away from this workcamp?

They will be able to share as long as their match will be lit. So they will have to KISS it (keep it simple and sexy - since the match wont last long, so they will have to make it fast and precise. When one participant is done he/she passes the matches and a lighter to the next participant in the circle, until everyone is finished sharing. Close the sharing by saying thank you to everyone.

