

Activities for workcamp participants

Ball of wool

Length: 20 min

Main objective(s): personal evaluation, saying goodbye

Materials needed: ball of wool

Outline (step by step methodology):

Participants stand in a circle. We explain the rationale. We will be passing a ball of wool, from person to person. I will start and I will choose someone I want to say thank you to, for something this person has shown me, taught me or gave me during the week. When I finish saying my appreciation I hold on to the string of the wool and pass the rest to the person I was talking about. This person is invited to pick another one, say appreciation and pass the ball of wool, while holding a string him/herself. We will say thanks to each other until everyone is connected in a net of appreciation. We can finish by saying: Although this project is over, remember the faces you have met here, laughs you have laughed, lessons you learned from each other and this is an invitation to stay connected and offer support to each other also after the workcamp.

