

Activities for workcamp participants

Seed planting

Length: 15-30min

Main objective(s): Participants share lessons learned and reflect on the most significant thing which was planted.

Materials needed: seeds

Outline (step by step methodology):

Explain to participants it is important to reflect on the learning of the workshop.

Explain that a good analogy for the work they do is seed planting. The workcamp has hopefully provided participants with new information, knowledge, networks and the impact of this experience may be felt right away or tomorrow or perhaps in months, years from now. When we plant seeds, we do not immediately see the products and we might be surprised of the magnitude, size, color of what blossoms and grows.

Distribute the seeds, 1 per participant, and explain the analogy of the seed. Ask participants to think about what seeds have been planted for them as a result of the workshop/project and how they intend to nurture and encourage these seeds to grow. Be sure that everyone has a chance to share.

What seeds have been planted for you as a result of this workshop? How will you nurture and encourage these seeds to bloom?

You can also see how the method works in practice: <https://www.youtube.com/watch?v=IBv-PRVt7Pw&feature=youtu.be>

Notes: EPTO

