

## Activities for workcamp participants

# Talking object

**Length:** 30-45 min

**Main objective(s):** give a space to everyone to reflect

**Materials needed:** an object, e.g. a small ball, a piece of wood, a small Teddy bear, a stone or anything else

**Outline (step by step methodology):**

1. Volunteers sit in a circle to be able to see each other faces.
2. Campleaders explain the only rule - everyone keeps quiet, only the person holding the talking object is allowed to speak.
3. Campleaders may ask questions or give a topic to reflect upon, or just start talking as an example. It is possible to speak more times than once., but the person must be always holding the talking object.