

Activities for workcamp participants

The hot chair

Length: 10-20min

Main objective(s): evaluation of the day/week

Materials needed: chair

Outline (step by step methodology):

Put a chair in the middle. Participants are invited to mingle around the "hot chair", sit on it and give statements about the programme. Rest of the participants sit in a circle around the hot chair. When a volunteer gives a statement on the hot chair, participants move closer or further to the one in the middle, depending how much they agree with the statement. The limits of disagree is the circle of chairs. You can invite participants additionally to comment their position. You can additionally give frames for evaluation (space, food, leaders etc.), so that participants find it easier to think about statements.

Tip: Make a clear agree-disagree scale.

Tip2: Participants can sit on the chair when they have a statement on their mind, not one by one. In this case it's also important to encourage everyone/most of the group not to be afraid to say something.

You can also see how the method works in practice: <https://www.youtube.com/watch?v=cLr6Bp1JLX4&feature=youtu.be>

